Monthly Menu for November 2026

Menu for Week 1			
Day of the Week	**Breakfast**	**Lunch**	**Snack**
Monday 11/02/26	Oatmeal w/ Cinnamon, Raisins, Milk	Beef Burgers w/ Cheese on "WGR" Bun, Lima Beans, Oranges, Milk	Cheese & Crackers
Tuesday 11/03/26	"WGR" Corn Flakes Apples, Milk	Turkey Tacos w/ "WGR" Soft Wraps, Green Beans, Pears, Salsa, Sour Cream, Milk	Oranges, Milk
Wednesday 11/04/26	Yogurt "11gAS" Pears, Granola	Beef Salisbury Steak w/ Gravy, Mashed Sweet Potatoes, Corn, "WGR" Bread, Milk	Sun-Butter & Apples
Thursday 11/05/26	"WGR" Cinnamon French Toast Sticks, Syrup, Apple Sauce, Milk	Baked Flounder w/ Parmesan Cream Sauce, Peas, "WGR" Bread, Oranges, Milk	Pears, Milk
Friday 11/06/26	"WGR" Cheerios, Pears, Milk	Baked Ziti w/ Marinara Sauce, Broccoli, "WGR" Penne Pasta, Tropical Fruit Salad, Milk	Pumpkin Bread, Milk

Menu for Week 2			
Day of the Week	**Breakfast**	**Lunch**	**Snacks**
Monday 11/09/26	"WGR' Corn Flakes, Bananas, Milk	Sweet & Sour Chicken, "WGR" Brown Rice, Broccoli, Pears, Milk	Apples & Sun-Butter
Tuesday 11/10/26	Pumpkin Waffles w/ Powder Sugar, Apple Sauce, Milk	Grilled Turkey Melt Sandwich on "WGR" Bread, Tomato Soup, Oranges, Milk	Pears, Milk
Wednesday 11/11/26	Center	Closed	Veteran's Day
Thursday 11/12/26	"WGR" Cheerios, Blueberries, Milk	Baked Salmon w/ Lemon Garlic Sauce, "WGR" Bread, Corn, Mango Cubes, Milk	Bananas, Milk
Friday 11/13/26	Bagel w/ Pumpkin Cream Cheese, Pears, Milk	Baked Mac & Cheese, Roasted Vegetables, Tropical Fruit Salad, Milk	Oranges, Milk

Menu for Week 3			
Day of the Week	**Breakfast**	**Lunch**	**Snack**
Monday 11/16/26	"WGR" Corn Flakes, Apples, Milk	Baked Flounder w/ Lemon Garlic Sauce, "WGR" Brown Rice, Carrots, Pears, Milk	Oranges, Milk
Tuesday 11/17/26	Buttermilk Biscuits w/ Jelly, Bananas, Milk	Cheese Quesadilla on "WGR" Wraps, Roasted Corn, Sour Cream, Salsa, Oranges, Milk	Apples, Milk
Wednesday 11/18/26	Oatmeal, Raisins, Milk	Grilled Cheese on "WGR" Bread, Tomato Soup, Pears, Milk	Yogurt "11gAS", Diced Apples, Granola
Thursday 11/19/26	"WGR" Cheerios, Blueberries, Milk	Turkey Breast w/Gravy, Mashed Sweet Potatoes, Green Beans, Cranberry Sauce, Stuffing, Milk	Sweet Potato Muffin, Milk
Friday 11/20/26	Cranberry Muffins, Apple Sauce, Milk	Baked Mac & Cheese, Mixed Vegetables, Tropical Fruit Salad, Milk	Apples, Milk

Menu for Week 4			
Day of the Week	**Breakfast**	**Lunch**	**Snack**
Monday 11/23/26	English Muffins w/ Jelly, Apple Sauce, Milk	Baked Salmon w/ Lemon & Pepper, "WGR" Brown Rice, Peas, Apples, Milk	Oranges, Milk
Tuesday 11/24/26	WGR" Corn Flakes, Pears, Milk	Chicken Cheese Quesadilla on "WGR" Wrap, Roasted Broccoli, Salsa, Sour Cream, Oranges, Milk	Bananas, Milk
Wednesday 11/25/26	Bagels w/ Pumpkin Cream Cheese, Bananas, Milk	Turkey Chili w/ Beans, Tropical Fruit Salad, Corn Muffin, Milk	Yogurt & Pears
Thursday 11/26/26	Center	Closed	Happy Thanksgiving
Friday 11/27/26	Center	Closed	

Additional Information

Infant Class Substitution: Apples and Oranges will be replaced with seasonal melons or applesauce. Lettuce will be replaced with mixed vegetables. The infant class will be offered whole grain items for their afternoon snack.

Bread [Enriched or Whole-Grain]: ½ slice Cereal/Pasta [Cooked, Enriched or Whole-Grain] 2 oz

Organic Milk-Fluid: 12-24 mos.: 4 oz. Whole Milk 24-36 mos. :4 oz. 1% Low-Fat Milk 3-5yr olds: 6 oz.

Vegetarian Substitutions: Veggie Burger, Hard Boiled Egg, Pasta Primavera

[Added Sugar Gm] = "ADS"

[Whole Grain Enriched] = "WGR"