



**Monthly Menu for**  
**May 2025**



<b>Menu for Week 1</b>			
<b>Day of the Week</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
<b>Monday 5/05/25</b>	Life Cereal, Oranges, Milk	Grilled Chicken Quesadilla w/ "WGR" Soft Shells, Roasted Corn, Lettuce, Cheese, Mango, Salsa, Sour Cream, Milk	Cheese & Apples
<b>Tuesday 5/06/25</b>	Oatmeal, Raisin, Milk	Grilled Salmon, Roasted Broccoli, "WGR" Brown Rice, Pineapples, Milk	Cantaloupe, Milk
<b>Wednesday 5/07/25</b>	Yogurt, Mixed Berries, Granola	Chicken Salad on "WGR" Wrap, Cantaloupe, Peas, Milk	Sun-butter & Crackers
<b>Thursday 5/08/25</b>	"WGR" Raspberry Crumb Muffins, Apple Sauce, Milk	Beef Sweet & Sour Meatballs, Mashed Potatoes, Carrots, Apples, Milk	Watermelon, Milk
<b>Friday 5/09/25</b>	Corn Flakes, Pineapples, Milk	Extra Cheese Pizza on "WGR" Crust, Mixed Vegetables, Fresh Fruit Salad, Milk	Lemon Bread, Milk

<b>Menu for Week 2</b>			
<b>Day of the Week</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
<b>Monday 5/12/25</b>	Chex Cereal, Strawberries, Milk	Cobb Salad (Lettuce, Tomatoes, Eggs, Avocado, Turkey Bacon) French Dressing, "WGR" Bread, Watermelon, Milk	Sun-Butter & Apples
<b>Tuesday 5/13/25</b>	Waffles w/ Powdered Sugar, Bananas, Milk	Turkey Burgers on "WGR" Bun, Baked Beans, Apples, Milk	Pineapples, Milk
<b>Wednesday 5/14/25</b>	Oatmeal Raisin Muffins, Apple Sauce, Milk	Beef Strips w/Broccoli, "WGR" Brown Rice, Pineapples, Milk	Mango Water Ice & Pretzel Bites
<b>Thursday 5/15/25</b>	Corn Flakes, Oranges, Milk	Baked Cod w/ Lemon Garlic Sauce, Carrots, Pears, "WGR" Bread, Milk	Bananas, Milk
<b>Friday 5/16/25</b>	Buttermilk Biscuits w/ Jelly, Pears, Milk	Cheese Ravioli, Mixed Vegetable, Fresh Fruit Salad, Milk	"WGR" Apple Cinnamon Muffins, Milk

<b>Menu for Week 3</b>			
<b>Day of the Week</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
<b>Monday 5/19/25</b>	Life Cereal, Cantaloupe, Milk	BBQ Chicken, Green Beans, Apples, "WGR" Bread, Milk	Sun-butter & Carrot Sticks
<b>Tuesday 5/20/25</b>	Pancakes w/ Syrup, Mixed Berries, Milk	Turkey Tacos on "WGR" Hard & Soft Shell, Salsa, Sour Cream, Cantaloupe, Mixed Vegetables, Milk	Apples, Milk
<b>Wednesday 5/21/25</b>	Bagels w/ Cream Cheese, Apple Sauce, Milk	Tuna Pasta Salad w/ "WGR" Farfalle Pasta, Peas, Oranges, Milk	Yogurt & Pears
<b>Thursday 5/22/25</b>	Cheerios, Pears, Milk	Beef Burgers w/ Cheese on "WGR" Bun, Baked Beans, Watermelon, Milk	Oranges, Milk
<b>Friday 5/23/25</b>	Oatmeal, Raisins, Milk	Baked Ziti w/ "WGR" Penne Pasta, Broccoli, Fresh Fruit Salad, Milk	Blueberry & Lemon Muffins, Milk

<b>Menu for Week 4</b>			
<b>Day of the Week</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
<b>Monday 5/26/25</b>	Chex Cereal, Oranges, Milk	Chicken Cheese Steak Sliders on "WGR" Bun, Sweet Potato Fries, Pineapples, Milk	Sun-Butter & Celery Sticks
<b>Tuesday 5/27/25</b>	Oatmeal w/ Cinnamon, Apples, Milk	Turkey Salsbury Steak, Mashed Potatoes, Peas, "WGR" Bread, Milk	Watermelon, Milk
<b>Wednesday 5/28/25</b>	Yogurt w/ Bananas, Granola	BBQ Veggie Burgers on "WGR" Bun, Baked Beans, Pears, Milk	Pineapple Water Ice & Pretzel Bites
<b>Thursday 5/29/25</b>	Corn Muffins, Apple Sauce, Milk	Baked Haddock w/ Lemon Garlic Sauce, "WGR" Brown Rice, Carrots, Watermelon, Milk	Pears, Milk
<b>Friday 5/30/25</b>	Cheerios, Blueberries, Milk	Pizza w/ Broccoli on "WGR" Crust, Fresh Fruit Salad, Corn, Milk	Yogurt Fruit Dip & Strawberries

**Additional Information**

Infant Class Substitution: Apples and Oranges will be replaced with seasonal melon or applesauce. Lettuce will be replaced with mixed vegetables. The infant class will be offered whole grain items for their afternoon snack.

Bread [Enriched or Whole-Grain]: ½ slice Cereal/Pasta [Cooked, Enriched or Whole-Grain] 2 oz.

Organic Milk-Fluid: 12-24 mos.: 4 oz. Whole Milk 24-36 mos. :4 oz. 1% Low-Fat Milk 3-5yr olds: 1% Low Fat

Vegetarian Substitutions: Veggie Burger, Hard Boiled Egg, Pasta Primavera, Grilled Cheese, Egg Salad