



Monthly Menu for
April 2024



Menu for Week 1			
Day of the Week	Breakfast	Lunch	Dinner
Monday 4/1/24	Life Cereal, Oranges, Milk	BBQ Turkey Burgers on “WGR” Bun, Carrot Fries, Tropical Fruit Salad, Milk	Strawberries & Yogurt
Tuesday 4/2/24	Bagels w/ Cream Cheese, Apple Sauce, Milk	Beef Meatloaf, Peas, Mashed Potatoes, “WGR” Bread, Milk	Bananas, Milk
Wednesday 4/3/24	Rice Crispy Cereal, Cantaloupe, Milk	Chicken Salad on “WGR” Wrap, Corn, Watermelon, Milk	Cheese & Apples
Thursday 4/4/24	French Toast w/ Powder Sugar, Mixed Berries Milk	“WGR” Fish Sticks, Potato Wedges, Pineapples, Milk	Cantaloupe, Milk
Friday 4/5/24	Raisin Bran Cereal, Bananas, Milk	Baked Ziti w/ “WGR” Penne Pasta, Mixed Vegetables, Fresh Fruit Salad, Milk	Blueberry Muffins, Milk

Menu for Week 2			
Day of the Week	Breakfast	Lunch	Dinner
Monday 4/8/24	Cheerios, Pineapples, Milk	Tuna Salad on “WGR” Wrap, Mixed Vegetables, Fruit Salad, Milk	Yogurt & Apples
Tuesday 4/9/24	Pancakes w/ Syrup, Tropical Fruit Salad, Milk	Cheese Quesadilla on “WGR” Wrap, Roasted Corn, Pineapples, Sour Cream, Salsa, Milk	Honeydew, Milk
Wednesday 4/10/24	Rice Crispy Cereal, Pears, Milk	BBQ Grilled Chicken, “WGR” Brown Rice, Broccoli, Watermelon, Milk	Cheese & Crackers
Thursday 4/11/24	Banana Bread, Apple Sauce, Milk	Beef Burgers w/ Cheese On “WGR” Bun, Potato Wedges, Oranges, Milk	Cantaloupe, Milk
Friday 4/12/24	Cornflakes, Honeydew, Milk	Cheese Tortellini w/ Marinara Sauce, Green Beans, Fruit Salad, Milk	“WGR” Mixed Berry Muffins, Milk

Menu for Week 3

Day of the Week	Breakfast	Lunch	Dinner
Monday 4/15/24	Rice Crispy Cereal, Apples, Milk	Spaghetti w/ Turkey Meatballs, “WGR” Penne Pasta, Garden Salad, French Dressing, Fruit Salad, Milk	Carrot Sticks & Sun- butter
Tuesday 4/16/24	Waffles w/ Whipped Cream, Mixed Berries, Milk	Beef Tacos w/ Soft & Hard Shells, (Lettuce, Cheese, Salsa, Sour Cream) Honeydew, Roasted Corn, Milk	Pears, Milk
Wednesday 4/17/24	Cheerios, Oranges, Milk	Chicken Pasta Salad (“WGR” Bowtie Pasta, Broccoli, Grilled Chicken, Roasted Red Peppers, Italian Dressing) Watermelon, Milk	Cheese & Apples
Thursday 4/18/24	Oatmeal, Raisin, Milk	Baked Haddock w/ Lemon Garlic Sauce, “WGR” Brown Rice, Green Beans, Pears, Milk	Oranges, Milk
Friday 4/19/24	Life Cereal, Pears, Milk	Cheese Pizza on “WGR” Crust, Mixed Vegetables, Fruit Salad, Milk	Yogurt & Cantaloupe

Menu for Week 4

Day of the Week	Breakfast	Lunch	Dinner
Monday 4/22/24	Raisin Bran Cereal, Pears, Milk	Beef Burgers w/ Cheese on “WGR” Bun, Baked Beans, Watermelon, Milk	Sun-butter & Crackers
Tuesday 4/23/24	Pancakes w/ Syrup, Apple Sauce, Milk	Turkey Tacos on “WGR” Wraps & Soft Shells, Mixed Vegetables, Tropical Fruit Salad, Salsa, Milk	Bananas, Milk
Wednesday 4/24/24	Cheerios, Oranges, Milk	Cheese Ravioli, Carrots, Fresh Fruit Salad, Milk	Apples & Sun- butter
Thursday 4/25/24	“WGR” English Muffins w/ Jelly, Bananas, Milk	Baked Cod Fish w/ Creamy Parmesan Sauce, “WGR” Brown Rice, Green Beans, Apples, Milk	Oranges, Milk
Friday 4/26/24	Rice Crispy Cereal, Watermelon, Milk	Baked Mac & Cheese w/ “WGR” Macaroni Pasta, Roasted Broccoli, Fresh Fruit Salad, Milk	Corn Muffins, Milk

Additional Information

Infant Class Substitution: Apples and Oranges will be replaced with seasonal melon or applesauce. Lettuce will be replaced with mixed vegetables. The infant class will be offered whole grain items for their afternoon snack.

Bread [Enriched or Whole-Grain]: ½ slice Cereal/Pasta [Cooked, Enriched or Whole-Grain] 2 oz.

Organic Milk-Fluid: 12-24 mos.: 4 oz. Whole Milk 24-36 mos. :4 oz. 1% Low-Fat Milk 3-5yr olds: 1% Low Fat

Vegetarian Substitutions: Veggie Burger, Hard Boiled Egg, Pasta Primavera, Grilled Cheese, Egg Salad